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Track : 2016-05-31 M. Amaro dalla Rava del Ferro

IBP : 166

Detected modality : HKG (Hiking)

Reanalyzed as **BYC (Bicycle) (ibp_analisis_completo.php?REF=36740427501088&MOD=BYC&LAN=en&REM=&SMD=m) RNG (Running) (ibp_analisis_completo.php?REF=36740427501088&MOD=RNG&LAN=en&REM=&SMD=m)**

Reliability of the original trail: A (1427/92/0/-/-/92)

Level of correction applied to the trail: 0

Total length: 14.496 Km **mi / ft ?**

Analyzed distance: 14.496 Km

Lineal distance: 0.065 Km

Accumulated climb: 1462.34 m

Accumulated descent: 1528.73 m

info Points list (ibp_listadepuntos.php?REF=36740427501088&MOD=HKG&LAN=en&SMD=m)

Maximum height: 2803.49 m

Minimal height: 1457.98 m

Start height: 1568.53 m

End height : 1502.2 m

Climb rate: 19.75 %

Descent rate: 23.45 %

Positive climb difference per Km: 100.88 m

Negative descent difference per Km: 105.46 m

Total time: 9:47:50 h

Time in movement: 6:04:03 h

Stopped time: 3:43:47 h

Trail difficulty



Max slope filter: ~55 %

Min. points separation: ~30 m

Number of points: 4651 (cad. 3.12 m)

Significant points: 458 (cad. 31.72 m / 9.85 %)

Direction changes per Km: 17.73

Direction changes >5º per Km: 13.73

Accumulated straight stretches: 1.831 Km

Straight stretches per Km: 126.31 m

Penalizables slope changes: 12

Penalizables slope changes per Km: 0.828

Total speed average: 1.48 Km/h

Average speed in movement : 2.39 Km/h

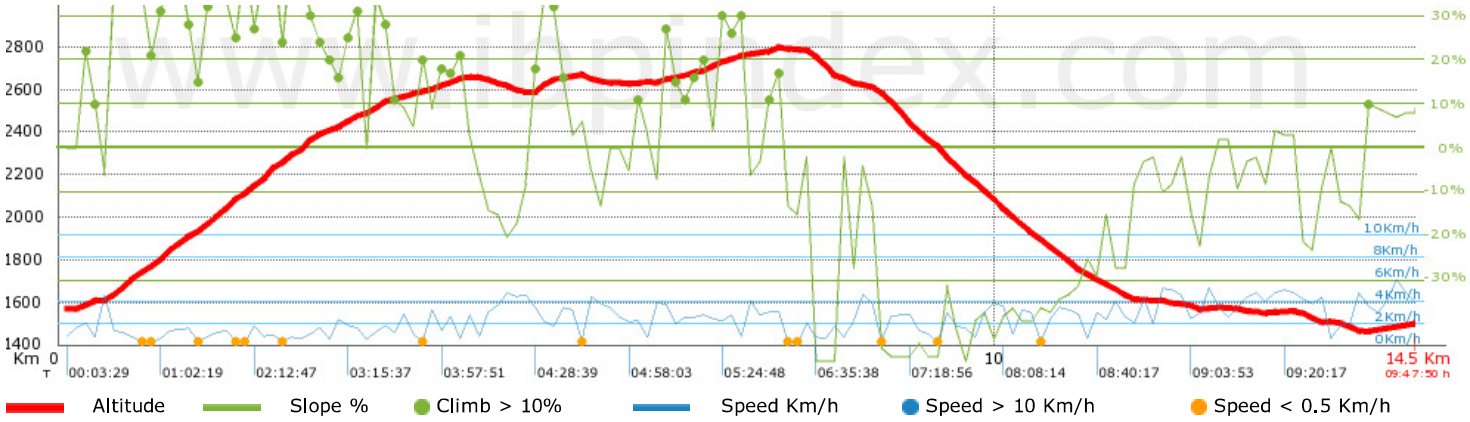
Maximum held speed: 6.11 Km/h

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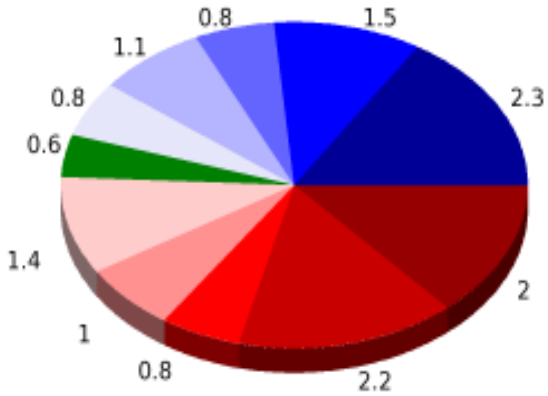
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Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	2.045	14.11	1.41	1:27:03

	Between 15 and 30%	2.186	15.08	2.43	0:53:52
	Between 10 and 15%	0.849	5.86	2.23	0:22:49
	Between 5 and 10%	0.955	6.59	3.08	0:18:35
	Between 1 and 5%	1.369	9.44	3.3	0:24:52
	Total	7.404	51.07	2.14	3:27:11
Plain					
	Difference of 1%	0.572	3.95	2.44	0:14:04
Breakdown descents					
	Between 1 and 5%	0.813	5.61	3.36	0:14:31
	Between 5 and 10%	1.061	7.32	3.8	0:16:45
	Between 10 and 15%	0.818	5.64	3.34	0:14:40
	Between 15 and 30%	1.498	10.34	2.81	0:32:00
	Between 30% and 55%	2.33	16.08	2.16	1:04:52
	Total	6.52	44.98	2.74	2:22:48
	Total track:	**14.496**	**100 %**	**2.39**	**6:04:03**

High altitude parameters, data above 1500 m

High altitude parameters, data above 1500 m							
Altitude m	**Distance Km**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed total**
2750	0.845	5.83	0:18:00	2.82	0:48:59	1:06:59	0.76
2500	4.776	32.95	1:53:19	2.53	0:46:51	2:40:10	1.79
2250	1.616	11.15	0:47:10	2.06	0:40:32	1:27:42	1.11
2000	1.302	8.98	0:49:26	1.58	0:29:16	1:18:42	0.99
1750	1.467	10.12	0:42:49	2.06	0:31:52	1:14:41	1.18
1500	3.688	25.44	1:20:19	2.76	0:26:17	1:46:36	2.08
Total:	**13.694 Km**	**94.47 %**	**5:51:03 h**	**2.34 Km/h**	**3:43:47 h**	**9:34:50 h**	**1.43 Km/h**

Stops

Stops					
Distance Km	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**
0.03	0:02:36	1569	0:00:53	0:00:53 < 10'	0.03
0.338	0:02:37	1604	0:13:16	0:12:23	0.309
0.652	0:02:47	1670	0:25:59	0:12:43	0.314
0.716	0:11:55 > 10'	1688	0:30:08	0:04:09 < 10'	0.064
0.872	0:02:19	1742	0:45:44	0:15:36	0.155
0.932	0:10:41 > 10'	1762	0:49:04	0:03:20 < 10'	0.061
1.425	0:10:16 > 10'	1929	1:18:55	0:29:51	0.493
1.518	0:02:21	1948	1:30:35	0:11:40	0.093
1.85	0:15:23 > 10'	2078	1:49:35	0:19:00	0.331
2.091	0:02:11	2160	2:14:13	0:24:38	0.241
2.306	0:13:52 > 10'	2240	2:26:56	0:12:43	0.215
2.425	0:09:02	2280	2:42:33	0:15:37	0.119
2.762	0:03:36	2389	3:03:16	0:20:43	0.337
3.197	0:03:51	2483	3:21:05	0:17:49	0.435
3.78	0:05:28	2579	3:45:25	0:24:20	0.583
4.159	0:03:19	2634	3:59:51	0:14:26	0.379
4.391	0:11:13 > 10'	2658	4:07:40	0:07:49 < 10'	0.232
5.464	0:02:41	2661	4:39:30	0:31:50	1.073
5.524	0:04:25	2667	4:43:14	0:03:44 < 10'	0.06
6.202	0:02:47	2635	5:01:47	0:18:33	0.678
7.226	0:02:32	2749	5:28:39	0:26:52	1.024
7.672	0:08:19	2796	5:39:56	0:11:17	0.446
7.83	0:35:32 > 10'	2797	5:50:02	0:10:06	0.157
8.04	0:02:36	2769	6:33:02	0:43:00	0.21
8.101	0:03:03	2741	6:36:30	0:03:28 < 10'	0.061
8.292	0:02:33	2655	6:46:13	0:09:43 < 10'	0.191

8.674	0:11:22 > 10'	2611	6:56:19	0:10:06	0.381
9.259	0:10:11 > 10'	2363	7:24:38	0:28:19	0.586
9.701	0:11:42 > 10'	2183	7:48:02	0:23:24	0.441
10.403	0:06:15	1916	8:16:54	0:28:52	0.702
10.941	0:03:13	1738	8:35:17	0:18:23	0.538
13.535	0:03:09	1507	9:28:04	0:52:47	2.594
Total:	**3:43:47 h**				

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